

PIAA Guidelines for the Comprehensive Physical

Effective June 1st 2008:

As of June 1st, 2008, the PIAA will only be accepting the PIAA Comprehensive Initial Pre-Participation Physical Evaluation form (CIPPE). This form can be downloaded and printed from the Rustin Athletics webpage or can be picked up in the Athletic Office. These comprehensive physical forms will now be valid for 1 school year. They **will not** carry over into another school year. Starting with the 2008 – 2009 school year, all CIPPE physicals will be good until May 31st of the school year regardless of when the physical is done during the school year. On the other hand, June 1st is the first date that a physical may be done so that it is valid for the school year to follow that particular June.

We recognize that this might be a financial burden for some for the first year of this new policy, but the PIAA is not flexible on this issue. Again, all appointments for physical examinations for the 2008-2009 school year must be scheduled on or after June 1st, 2008. For more information about the CIPPE form, you can visit the PIAA website at www.piaa.org.

Due Dates for 2008:

Spring Season: Thursday, February 28th, 2008

Fall Season: Thursday, August 7th, 2008

**Due before September training camp for
the Rustin Hockey Club.**

Winter Season: Thursday, November 13th, 2008

** Physical forms require one full business day to be processed by our Athletic Trainer, and therefore athletes will not be able to participate until one full day after the physical is submitted. Physical forms should be turned in to the Athletic Office or to the Head Coach.

For Multiple-Sport Athletes:

The comprehensive physical form (CIPPE) is valid for one school year, but a parent or guardian must sign and return Section 5 of the form for athletes who plan on participating in multiple sports. Since the original CIPPE form will have already been turned in to the Athletic Office, parents will need to obtain a second CIPPE form in order to complete Section 5. Section 5 simply requires that the parent or guardian signs off on whether or not any significant injuries occurred with the athlete during the season that was previously completed. The entire CIPPE packet can be downloaded from the Rustin Athletics webpage or can be picked up in the Athletic Office.

If you have any questions, please contact the Athletic Office at 484-266-4339.